

# The Lions' Pride.



A publication by the students of Mrs. Reade's Writing for Media class

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## Lisbon volleyball: Tri-Rivers East conference champions

by Mackenzie Moreland

All levels of Lisbon volleyball had an abundance of success this season with all of the teams ending up with winning records.

On Tuesday, October 9, 2018, the varsity girls secured the Tri-Rivers East conference title for the second straight year, defeating Cedar Valley Christian in three sets in a packed Lions' Den. The JV squad finished the year with a 12-4 overall record and a 5-1 conference record. The Fresh-Soph squad's season record was 8-9 overall with a 4-2 conference record.

Varsity ended up with a 25-11 record on the season overall and had the number one seed going into Saturday the 14th's bracket play for the Tri-Rivers conference tournament at Alburnett by powering past Midland and Cedar Valley Christian on Thursday in another electric Lions' Den. Saturday, the girls had a never-say-die attitude and showed heart out on the court. They defeated Maquoketa Valley in the quarterfinals and fought back to defeat East Buchanan in semifinal play before falling short to the #4 ranked team in class 1A, Starmont.

Unfortunately, the varsity girls' season ended abruptly Tuesday night at West Branch against West Branch where they lost 0-3 in Class 2A first-round regional play.

On a lighter note, volleyball life was great. The girls stated that the team chemistry was at an all-time high, with most of the bonding happening during long bus rides, the tournament at Cresco complete with an overnight in the wrestling room, and of course in practices and games. They also stated that being around their teammates were their favorite parts of volleyball. When I asked them what their least favorite parts

were sitting on the bench and not having free time, and the most common response was conditioning, although, they did say they knew it made them better. They also said that they often arrived home really late.

In addition to memories at Cresco or on the bus, Maysun Marshall said she fondly remembers the time Olivia Hasselmann took a break from volleyball for two days which caused Maysun to cry for those two days and send a really sad video out to the team, but luckily Olivia came back. Rylan Allison remembers getting hit in the face with a volleyball at Bellevue Marquette her sophomore year. Lastly, Kiah Kilburg remembers the time when the girls learned the dance to Miley Cyrus' "Hoedown Throwdown" song at the Cresco tournament.

Six seniors leave the team this year and make room for an experienced group of juniors to step into their shoes for the 2019 season.



Lisbon senior, Karlie Krob (7), goes in for a kill as teammates McKenna Nelson (9), Grace Clark, Sam Schrantz, and Sam Bennett (red jersey) look on. (photo by Mackenzie Moreland)

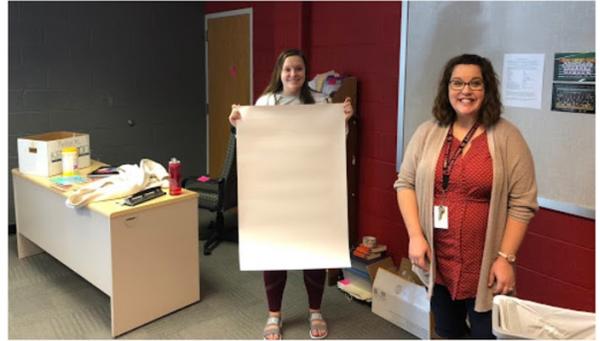
### Riddle of the Week

What comes one time in today, three times in tomorrow, and never in the future?

*The letter "O"*

## Construction corner: Changes are coming promptly

by Trent Welch and Cole Albaugh



High school English teacher, Mrs. Johannis, happily vacates her classroom to make way for the auditorium and classroom renovations. Mrs. Johannis is now located in the ICN room right next to the library. (photo by Cole Albaugh)



(left) On the northwest side of the school's property, Larson Construction removes trees for the upcoming practice field. (photo by Cole Albaugh)



**(Above) Larson Construction stays busy with the removal of the study hall room/ Mr. Whitman's old room across from the high school office. Larson will be building the new auditorium in place of the old room. (photo by Cole Albaugh)**



**Photos continued on the next page.**





**(left) Just behind the visitor bleachers of Walmer Field, Larson Construction starts dozing and plowing dirt to make a level hill for the future track. (photo by Cole Albaugh)**



**Mr. Becker, high school principal, moves into the teacher's lounge during his office renovation, so teachers evacuated their lounge to the teacher work room.**

## **Flu season begins: Get vaccinated early**

**By Kyla Hansen**

Everyone should get the flu vaccination each year at their local doctor's office to help protect them from catching the flu.

"I would encourage students, staff, and parents to get the flu vaccination each year," said Lisbon school nurse, Julie Light.

The flu vaccination is important and should be taken advantage of during the flu season every year. If you are experiencing symptoms such as headaches, high fever, cough, body aches, and chills, you should go home, rest, and not be around a lot of people. If your

symptoms continue or worsen, seek medical attention.

"I've seen children out of school for two weeks due to having a fever and body aches," said Light.

If you contract the flu, you could be out of school, work, etc., for two weeks at most.

To keep yourself and your children safe from the flu, get the vaccination every year. This year's vaccinations are currently available at any local doctor's office.

## Athlete of the week: Hagen Waters

by Sam Hendricks



**Running for a touchdown, Hagen Waters (8) jukes out his defenders to try to score points while teammate Trent Welch (68) blocks his opponent. (photo by Katie Kerslake)**

The Lisbon student body voted senior Hagen Waters to be this week's Athlete of the Week. Waters has so many jobs on the team from playing quarterback to wide receiver and sometimes even the running back; that's just on

offense. Waters' latest performance racked up 91 rushing yards with only 6 attempts and one reception for 28 yards.

Waters said, "[We] switched up our offense, put me at slot, and [I] drank an energy drink," which made him play well last week.

Head coach Phil Whitmas said Waters "leads by example, works hard in the weight room, and works hard every day" which is why he deserves this fantastic recognition.

His teammate and fellow senior Ryne Mohrfeld said, "He is the goat, and he is kinda cute too."

Hagen Waters has made an impact on and off the field with his peers to deserve this week's Athlete of the Week.

Waters was back in action Friday, October 19th, against Maquoketa Valley for his final football game as a Lisbon Lion.

## The 7<sup>th</sup> girl in spandex: Lisbon's volleyball student section

by Maysun Marshall

The student section for the Lisbon volleyball team is like the 7th girl on the court. They are a part of the team. They pump up the players and make the game fun for everyone with their loud, enthusiastic chants.

Some of the favored chants or cheers are "alligator," commented junior Adam Finn.

"I like the bacon, watermelon, cows [chant]," said another junior Cael Happel while Maya Kohl's favorite is "Victory."

Happel and Kohl gave suggestions on themes for next year like Hick night, class color, Halloween, or camo. Lots of students look forward to going to the games because of the theme nights and the rocking student section.

"Actually, I look forward to the games sometimes because the theme and the teams we play are bad."



**Prepping for the upcoming match is Lisbon's student section decked out in black and white. (photo by Bri Jones)**

All sports need to have an amazing student section to make the team go hard and get "lit."

## Seniors of the week: Genesis Lowery and Hagen Waters

by Gage McCoy



Working hard, senior of the week, Genesis Lowery, works to complete her school work. (photo by Darren Reade)

### Genesis Lowery

**Favorite high school memory:**

“Moving schools and meeting new people”

**Plans after high school:**

“Cosmetology and special effects makeup”

**Favorite pizza:** “Buffalo”

**Favorite movie:** “Beetlejuice”

**Favorite Subject:** “Language Arts”

**Favorite Dance Move:** “I don’t dance”



In consumers class, senior of the week, Hagen Waters, sits on his computer doing absolutely nothing. (photo by Gage McCoy)

### Hagen Waters

**Favorite high school memory:** “Playing in the State championship game in baseball”

**Plans after high school:** “Attend college and play basketball and baseball somewhere”

**Favorite junior:** “Gage McCoy”

**Favorite kind of pizza:** “Taco”

**Favorite movie:** “Talladega Nights”

**Favorite date night place:** “Dairy Queen”

**Favorite dance move:** “The folks”

## MV-L cross country Conference meet

by Ian Heck

The MVL XC team ran at South Tama for their Conference meet on October 11th. The girls placed 5th as a team, and the Lisbon runners were Renae Hasselbusch who finished 39th, Emma Bock who was 52nd, and Grace Morningstar who finished 61st. On the boys’ side of the meet, they finished 3rd overall. Riley Dolan the only runner from Lisbon finished 24<sup>th</sup>.

In preparation for the meet, the boys’ team had to change their workout schedule because the week before Conference was hectic and plans always were changing due to the weather.

“The fact that meets got cancelled and it always seemed to be bad outside, our practices were easier. Therefore, we could not get the proper workout we needed in before Conference,” said sophomore Keagan Jarchow.

The MVL XC team had a lot of tough competition with Marion who placed 1st, CCA who was 2nd, and CPU who was only 11 points behind Mount Vernon-Lisbon.

Looking at the State qualifying meet, it looked like they were going to have similarly tough runners to compete with, but the boys’ team qualified for State, including Lisbon’s own Riley Dolan (pictured below).



## Johanns and Speidel add to their families

by Jarrett Moehlman

The last couple of years several teachers at Lisbon schools have had babies, and this year is no exception. Currently, the school has four expecting teachers; Mrs. Speidel, Mrs. Johanns, Mrs. Wieseler, and Miss Schultz are all expecting sometime this year.

Teaching is a challenging job then add while pregnant to the mix, and it makes the job even harder.

Elementary art teacher Mrs. Speidel said, "Being on your feet most of the day gets exhausting and painful; I'm so tired by the end of the school day."



**Mrs. Speidel (left) and Mrs. Johanns (right) proudly showing off their baby bumps. (photos by Bob Hill)**

Mrs. Johanns agreed that she is "exhausted and feel[s] tired at the end of the day."

Mrs. Speidel and Mrs. Johanns do similar things throughout the day to help how they

adjust as their bodies change. "I move around a lot in the art room. Trying to bend over to help kids is also a bit of a challenge with a baby in your belly," said Speidel.

Both teachers plan to use some type of daycare when they return to school. Mrs. Johanns said her daycare is right around the corner from her house in Marion. Mrs. Speidel plans to use her mom and a local daycare provider. Other teachers in our school use the LECC daycare which gives them access to their children if needed.

As teachers, both of them have to prepare for when they have their babies. They have to get things ready for their subs by putting together a binder or folder with upcoming projects and assignments for their students. Mrs. Speidel said she will be gone for 12 weeks, and Mrs. Johanns plans to be gone for 8 weeks.

Mrs. Speidel's due date is at the end of October and Mrs. Johanns due date is December 8th.

